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EE/RPPF

For use from May/November 2018

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Candidate personal code

Extended essay - Reflections on planning and progress form

Candidate: This form is to be completed by the candidate during the course and completion of their EE. This document records reflections on your planning and progress, and the nature of your discussions with your supervisor. You must undertake three formal reflection sessions with your supervisor: The first formal reflection session should focus on your initial ideas and how you plan to undertake your research; the interim reflection session is once a significant amount of your research has been completed, and the final session will be in the form of a viva voce once you have completed and handed in your EE. This document acts as a record in supporting the authenticity of your work. The three reflections combined must amount to no more than 500 words.

The completion of this form is a mandatory requirement of the EE for first assessment May 2018. It must be submitted together with the completed EE for assessment under Criterion E.

Supervisor: You must have three reflection sessions with each candidate, one early on in the process, an interim meeting and then the final viva voce. Other check-in sessions are permitted but do not need to be recorded on this sheet. After each reflection session candidates must record their reflections and as the supervisor you must sign and date this form.

First reflection session

Candidate comments:

I had a very difficult time coming up with my research topic and question, but once I found it I stuck with it. I chose Contact Improvisation because even though I knew very little about it, it was very intriguing the way that physics and emotion was mixed into a beautiful dance. I came up with my concept after doing some research on CI. I came across an article that I have already used heavily in my EE called Bodies on the line it examined CI and how it related to nonviolent protest. That was how I connected it with the civil rights movement. I have experienced some issues in my research while looking for information on the civil rights movement. It is very easy to find write ups of very broad things or specific people, but it is hard to find more theoretical information like principles of the movement. There is a pamphlet out there called A manual for direct action but it has become increasingly hard to get my hands on. I have already made a basic layout of how my essay will be divided in my outline, but like many other things in this essay, it is subject to change in the future as my concept evolves.

Date:

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**Interim reflection**

Candidate comments:

I met with my adviser to go over my paper once again. This time we focused on many of the wording choices instead of strictly the research. We wanted to make sure that my wording was precise and could still be understood by someone who did not have all the background knowledge on the people and movements mentioned like my teacher. I still need to work on finding more sources of the civil rights portion of my paper. This has come to be more challenging than I originally thought. The civil rights movement has always seemed so common to me but primary documents are difficult to get a hold of. I still want to find the pamphlet spoken about in my earlier reflection.

Date:

Supervisor initials:

Final reflection - Viva voce

Candidate comments:

Reflecting back on my paper as a whole, it really was a great experience to have gone through such a challenging process. My supervisor and I discussed my early trials of finding the best topic that was developed out of my interests but also possible through my current coursework. During my research, there were challenges that arose in retrieving some of the documents from the civil rights movement that I desired, but once I got my hands on it, it turned out to be one of the most useful sections of research I had discovered and put towards my paper. The most interesting thing that I came to discover was a contrast in principles of Contact improvisation and the civil rights movement. Paxton desired to create a form of dance that broke away from the teacher student dynamic, where things could be freely created as the bodies moved in their own ways. However the civil rights movement was strongly characterized with having leaders and followers. Leaders directed protests and would tell the people what to do, when to do it, and when to stop. Despite this difference, it really surprised me just how similar these movements were. They were both so strongly characterized by bringing people together, equality, and freedom. Once I got down to it, the paper went smoothly, and if given the chance, it is likely that I could have expanded more on the topic and have continued on my research.

Date:

Supervisor initials



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Supervisor comments:

Supervisor: By submitting this candidate work for assessment, you are taking responsibility for its authenticity. No piece of candidate work should be uploaded/submitted to the e-Coursework system if its authenticity is in doubt or if contradictory comments are added to this form. If your text in the box below raises any doubt on the authenticity of the work, this component will not be assessed.

The candidate's paper on contact improvisation and the civil rights movement was genuine. She found research to support a parallel between the two components. It was authentic with well developed ideas and findings.



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