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EE/RPPF

For use from May/November 2018

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Candidate personal code

Extended essay - Reflections on planning and progress form

Candidate: This form is to be completed by the candidate during the course and completion of their EE. This document records reflections on your planning and progress, and the nature of your discussions with your supervisor. You must undertake three formal reflection sessions with your supervisor: The first formal reflection session should focus on your initial ideas and how you plan to undertake your research; the interim reflection session is once a significant amount of your research has been completed, and the final session will be in the form of a viva voce once you have completed and handed in your EE. This document acts as a record in supporting the authenticity of your work. The three reflections combined must amount to no more than 500 words.

The completion of this form is a mandatory requirement of the EE for first assessment May 2018. It must be submitted together with the completed EE for assessment under Criterion E.

Supervisor: You must have three reflection sessions with each candidate, one early on in the process, an interim meeting and then the final viva voce. Other check-in sessions are permitted but do not need to be recorded on this sheet. After each reflection session candidates must record their reflections and as the supervisor you must sign and date this form.

First reflection session

Candidate comments:

I knew I'm interested in doing some psychology behind dance, particularly the mind and improvisation in dance. Because myself is a hip hop dancer, my focus may be more on the style and culture of hip-hop dance. I wanted to look into the aspect of improvisation in hip-hop dance. My supervisor had advised me to look into a topic that has an adequate amount of research already to allow me to get a more focused and developed essay. I have now come up with a research question, which I could gain information from online sources, books, and the interviews I will make with professional hip-hop dancers to gather their personal views on the topic.

Date:

Supervisor



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**Interim reflection**

Candidate comments:

Now that I have done specific research on my question, I understand that there are many factors that may have led hip-hop dance to another pathway over the years. Then, I realized my research question wasn't focused enough, so I changed some words to allow my essay to be more in depth. I know I need to get more specific research on how the different factors may have altered hip-hop as a dance form. I also need to find more secondary sources to support my argument. My supervisor also advised me to look into Rennie Harris, as he's a very important dancer who has brought hip-hop dance to a different direction. She also told me to focus on the improvisational dance form itself and how that is influenced by others instead of only discussing the general idea of how the dance form changed.

Date:

Supervisor initials

Final reflection - Viva voce

Candidate comments:

I did end up answering my research question in great depth. I didn't expect to find many academic journals on the topic. However, I was able to make connections between the research I did find and talk about it in relations to my research question. I used to have a specific answer in mind for the question, but after reading research and interviewing practitioners, I have become more open-minded as media is an inevitable phenomenon that will continue to change the course of hip-hop dance. The origin of the dance gave the dance its form. The commercial side of this dance form although needed, should maintain a good balance with the traditional form. I am really satisfied with the knowledge I gained through my research process. I couldn't get interviews or replies from prestigious dancers that have been in the hip-hop dance industry for a while, which leads to an improvement I could make - to gather different views from practitioners from different countries to give my answer a more global view. Overall, I gained a deeper understanding of this dance form and also the change of culture in a general context. I am also more familiar with the research process.

Date:

Supervisor initials:

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Supervisor comments:

Supervisor: By submitting this candidate work for assessment, you are taking responsibility for its authenticity. No piece of candidate work should be uploaded/submitted to the e-Coursework system if its authenticity is in doubt or if contradictory comments are added to this form. If your text in the box below raises any doubt on the authenticity of the work, this component will not be assessed.

approached her extended essay with dedication and focus. From the initial stage, she was always engaged, organised and proactive about her research. As a passionate dancer, was interested in expanding her knowledge about her favourite dance style, Hip Hop. was diligently in completing her planning with great detail and followed through efficiently. The combination of extensive reading, extraction of significant information and deep analysis, with her dance experience, resulted in successfully finding an answer to her initial question. was inquisitive throughout the process of completion of her extended essay. During the viva voce was able to demonstrate knowledge and understanding as well as obtain clarification on some points of concern. She is a passionate, hardworking and skilled self-directed learner. It has been truly a pleasure to supervise



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